

Free! Lunch & Learn

Panchakarma Orientation



Panchakarma is like maintenance for your body just like servicing your car!

Our Natural Cleansing, Detoxifying Rejuvenating process !

Know:

- How does it work? How long it takes?
- What are the benefits?
- Is it right for me? When to do it?
  
- Bring in your friends; Lunch Provided
- Please sign up early - Limited spots

**Date: August 7<sup>th</sup> 9-12**